

Project THRIVE

Trauma Health Recovery Innovation and Engagement

Delaware Department of Education was awarded a Trauma Recovery Demonstration Project (TRDP) grant to launch Project THRIVE. Project THRIVE is a 5-year grant project, funded by the U.S. Department of Education for state education agencies to develop trauma-specific therapeutic service delivery models for the most vulnerable students within multi-tiered systems of support (MTSS). Students must have experienced trauma and toxic stress that significantly interferes with their school success (i.e., attendance, behavior, and course performance/grades). Students must live in low-income families and communities who do not have the ability to access these services without the state's support.

The First State was one of five states – Alaska, Delaware, Hawaii, Louisiana, and Nevada – awarded funds in the fall of 2019 that will serve as a model for other states. Delaware was awarded \$7.5 million for the 5-year project. The funding will enable the Delaware Department of Education to facilitate and manage a fee-for-service network of trauma-specific mental health providers for students attending public and private schools, grades preschool through 12. Supports will be available in all three counties.

Parental Choice and Engagement

Children and youth thrive in the presence of thriving caregivers. Project THRIVE is committed to supporting caregiver agency and helping them become good consumers of mental health care on behalf of their children. Funds will support the mental health provider of choice in delivering trauma-specific mental health services.

Vision: Thriving children and youth engaged in supportive communities that prioritize physical, psychological, and emotional safety to foster connection and belonging for success in school.

Mission: To develop and support a caregiver-driven, youth-guided system of care that applies the neuroscience of adversity to support healing-centered engagement through traumaspecific recovery services.

Guiding Principles:

- Meaningful collaboration between caregivers, educators, and mental health providers.
- > Development of regulated emotions and behavior to support attention and productivity.
- Growth of a repertoire of coping skills to manage stress at home and at school.
- Expanded skills that support the student's engagement in counseling and school.

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